

Fountain Gate Counseling Center is a nonprofit organization that provides professional counseling services at sliding scale rates for individuals (adults, teens, and children), couples, families, and groups. We also offer seminars, workshops, and retreats on mental and spiritual health.

SUPPORT

Fountain Gate services are subsidized by donations, scholarships, and grants provided by individuals and by public and private organizations. We strive to make our services accessible to members of our community regardless of their financial standing. Your support helps to promote healing and wholeness for those who need help but do not have the resources to obtain it.

Fountain Gate is a 501(c)(3) nonprofit organization. Donations to Fountain Gate are tax deductible as allowable by law, and may be made online at fountaingate.com/donate or mailed to our office.

"For with You is the
Fountain of Life.
In Your light
we see light."
— Psalm 36:9



2985 Cherokee Street • Kennesaw, GA 30144
770-218-9005 • fountaingate.com





COUNSELING

Fountain Gate offers counseling in the following areas:

- Depression
- Grief and Loss
- Trauma
- Anxiety and Stress
- Identity, Career, and Life Transitions
- Relationship Conflicts
- Premarital Counseling
- Marriage and Family
- Blended Families
- Child and Adolescent Issues
- Men's and Women's Issues
- Spiritual Concerns
- Care for Pastors, Missionaries, and their Families

THERAPY GROUPS

Therapy groups provide a way for individuals, couples, and families to meet with others who are experiencing similar challenges, and to learn new ways of coping and relating.

Fountain Gate offers therapy groups on a periodic basis that focus on a variety of themes, such as:

- Recovering from Abusive Relationships
- Managing Anxiety and Depression
- Women in the Second Half of Life
- Working Through Grief and Loss
- Developing Identity and Self-Esteem
- Women, Food, and Feelings

RETREATS

Fountain Gate offers intensive retreats for individuals, couples, families, and groups, in half-day, full-day, and multiple-day formats. These include varying levels of structure, from "go it alone" to guided thematic experiences that include teaching, individual exercises, and interaction with a retreat director. Overnight accommodations and meals are provided in a lodge facility.

SEMINARS AND WORKSHOPS

Fountain Gate offers group seminars for persons wanting to develop specific life skills and acquire tools to improve relationships and lifestyle. Workshops add interactive exercises to provide an experiential component to the learning process. Sample topics include:

- We All Need Boundaries
- Couples Communication
- Self-Care for Women
- Conquering Codependency
- Learning to Listen to God and Others
- Dealing with Anger (Yours and Theirs)
- Keys to Restoring Your Marriage
- Coping Effectively with Stress
- Singleness
- Healthy Assertiveness
- Finding God in the Empty Spaces

Seminars and workshops are held at Fountain Gate and other locations in the community. Meeting formats range from one-time classes to full-day, multiple-day, and multiple-week formats.

THERAPEUTIC CREATIVE ENCOUNTERS

These small-group workshops engage participants in a creative process that can bring insight and perspective to persons who may be struggling with a particular issue. Both men and women can benefit from the structured creative activities, reflection time, and group discussion facilitated by experienced therapists. Creative activities may include visual art, clay, photography, movement, music, and writing exercises.

Workshops are held at Fountain Gate or may be taken into settings such as homeless shelters, assisted living facilities, or rehabilitation facilities. No previous art experience is necessary.

SPECIAL SERVICES

Fountain Gate staff are available to create and lead therapy groups, retreats, seminars, and workshops on specialized topics related to mental and spiritual health, and can conduct them at the location of your choice. Our staff is also available to provide teaching or counseling services as part of events facilitated by others.

To receive up-to-date information on therapy groups, retreats, seminars, and workshops please contact our office or visit fountaingate.com to sign up for our e-newsletter.



Fountain Gate therapists hold accredited Master's degrees and are licensed by the State of Georgia in Professional Counseling, Marriage and Family Therapy, or Clinical Social Work. Our staff also includes Masters-level Clinical Interns who practice under the oversight of licensed clinical supervisors.

